



**\*Early Bird  
Discount  
until  
Jan. 15, 2018**

*Je'taime by Holly Gage, Depicts the final movement in a poet dance routine, 2015 Saul Bell Award*

**Finding Your Zen Metal Clay Retreat  
Carving and Sculpting in Metal Clay Intensive  
Friday, April 20 - Tuesday, April 24, 2018**

At the Chestnut Hill Villa, Manheim, PA 17545

For more information or to make reservations, please contact: Holly at hgagel@ptd.net

Come on a 5-day journey to the quiet, serene countryside of Manheim, Lancaster County, Pennsylvania with Master Metal Clay Instructor Holly Gage and “Find Your Zen.” Carving and Sculpting in Silver Metal Clay is a wonderfully poetic process of forming, manipulating, and refining the Metal Clay, allowing you to get lost in the Zen of creating.

The Chestnut Hill Villa is a beautifully appointed 1755 farm house. It has several grand rooms for socializing, or you can hide away in a little nook. The property is thoughtfully designed inside and out with built in amenities to pamper you, including: Jacuzzi, Swimming Pool, Butterfly Garden, Fire Pit, Garden Gazebo, Putting Green, Billiards, Wifi and Cable. Take a look at their website with information about the Villa at <https://chestnuthillvilla.com/gallery/> or watch the video tour <https://youtu.be/E9TdZUnR15s>.

The kitchen and dining room at the Villa are equally impressive. Professional Chefs Christopher and Ryan Gage of Garofalo’s Calabria Old World Italian Cuisine, team up to cater our retreat with savory Italian inspired cuisine, which is meticulously prepared and locally sourced.

- Double Occupancy per person is \$1185 \***
- Shared Room Occupancy per person \$1285\***
- Single Occupancy per person is \$1485\***

\*Retreat Package booked and paid in full by Jan. 15, 2018 will receive a \$50 discount as indicated.)

(Double \$1235, Shared \$1335, Single \$1535 - Rates after Jan. 16, 2018)

Prices include accommodations, meals, teaching fees, bench fees, all tools, equipment, and firing.

Air flight is the responsibility of the student and is not included above.

Spousal Rates and Payment packages available. Please inquire.

**Your Retreat Includes**

- Welcome Buffet Social
- (4) Nights, (5) day event
- (4) Continental breakfasts
- (3) Full course Gourmet Lunches
- (4) Full course Gourmet Dinners
- Each full course meal includes main dish, a accompaniment, and dessert
- 4-day workshop with Holly Gage Carving and Sculpting in Metal Clay Intensive in a Zen-like atmosphere
- 24 hour Open Studio (Evenings are on your own with no instruction)
- Excursion in Chocolate Town Hershey (on your own for lunch on tourism outing)
- An Evening Social and Wine Tasting
- 10 min. Morning Mediations to get in the creative zone (optional)
- Mind and Body Zen Services Available Evenings including Reikki, Aura Soma and Crystal and Chakra healing
- Evenings on your own to explore

*Note: Any dining away from the Villa will be on your own.*

## Details of Your Retreat Stay

### Workshop

Carving and Sculpting in Metal Clay Intensive. Bring new dimension, detail, and interest to your jewelry work by learning how to create 2 and 3-dimensional pieces. We will explore two different, but similar ways of sculpting. You have a choice of working directly with Metal Clay or with Polymer Clay. The Polymer Clay option gives you a chance to practice and then create your initial form, as it has endless working time. You would then make a mold of the polymer model. The last stage whether you choose to use the Polymer or Metal Clay will be to carve and detail the dried Metal Clay. We will cover how to convert your own ideas, drawings, or photographs into a dimensional form; use the additive and deductive process for creating dimension; learn various carving, refining, and detailing methods; and the best tools and methods for each process. So many skills, so much to learn, and so much fun!

#### MATERIALS LIST:

- 25 - 50g of 960 using Art Clay Silver & PMC Sterling
- Your own original drawing or photograph to scale
- #0 Conical rubber shaper
- Carving tools
- Diamond drill bit assortment
- Needle files
- Sculptye® Original Polymer Clay
- 2-part MYOM® molding compound, superior for detail <http://www.makeyourownmolds.com/silicone-plastique>
- Wood or cork clay if making a hollow form
- Advantedge® Rubber polishing wheels for Silver, blue (medium), pink (fine) for rotary tool
- 3M Radial Brushes 400 grit to fine
- Basic Tool Kit (whatever you have, I will have tools here also for you to use if not in your basic kit)



### Excursion and Hosted Events

#### Wine Tasting with The Renegade Winery

The name Renegade was inspired by their unconventional way of thinking about wine and winemaking. They strive to combine both the quality of tradition with the freedom of innovation. We'll spend a relaxed evening sipping their artisanal wines while unwinding from the day.

#### Excursion Hershey's Chocolate World, Hershey, PA

They don't call it the "Sweetest Place on Earth," for nothing! Follow cocoa beans on a delicious journey in an immersive chocolate making tour. See, feel, hear, and smell the transformation of cocoa beans to HERSHEY'S famous chocolate. Then, enjoy a FREE Hershey's product sample! Afterward, you're on your own in Hershey. See, Hershey Gardens, ZooAmerica, or chocolate inspired

shopping. <http://www.hersheypa.com>. This trip is on the last day of the retreat, so if some of our guests have to go back to work, sigh, they may do so.



#### Finding Your Zen with Silvie Waals

Silvie is a Spiritual Guide, certified in Reiki and an Aura-Soma practitioner. She will be offering the following services a la carte by advanced appointment. Her hours are: 7:00 pm - 10:00 pm. Each session is \$20 per 20 minute session or (4) 20 minute sessions for \$70.

- **Mornings Free 10 minute Meditations.** Silvie is offering morning meditation to start the morning fresh, full of light and support for the day to enhance the art you are working on. This is voluntarily, so we welcome you to renew and refresh in preparation for a creative day.
- **Aura-Soma** is a natural healing method that makes use of the vibrational powers of color, crystals, and natural aromas combined with light in order to harmonize body, mind, and spirit. It is intended to ease, balance and calm our energetic system, helping to restore a free flow of energy. As balance is restored we may enjoy a sense of greater fulfillment at all levels of being.
- **Reikki** is a simple, natural and safe method of spiritual healing and self-improvement. A treatment feels like a wonderful glowing radiance that flows through and around you. Reiki treats the whole person including body, emotions, mind and spirit, creating many beneficial effects that include relaxation and feelings of peace, security, and well being.
- **Crystal and Chakra healing** focuses on healing with crystals and balancing our Chakra. 7 Chakras represent our physical being, so we check in with them to see if they are out of line. True color that represent each Chakra and crystals will support the work we set out to do. This is a subtle way to bring more balance in order to be one with our selves.





## Your Retreat Zen Team

### Your Master Instructor: Holly Gage

Holly enjoys creating contemporary fine art jewelry. The need to create is an essential and personal form of self-expression. Sculptural forms, pictorial scenes, and symbolic use of materials and imagery replace words as a form of communication. She welcomes others into her world by means of her jewelry designs in an effort to share stories, an intimate slice of life, idealistic thought or deep emotion.

Holly enjoys exploring and developing new techniques and teaching her findings to others who possess a similar curiosity and a thirst to learn. She has her BS in Fine Art and Education and is a certified Metal Clay instructor, mentor, and speaker teaching live, real time classes online, locally in Pennsylvania as well as nationally and internationally. Awards include the 2015 Saul Bell 2nd Place Winner, Narcissus Award, Silver Prize Winner in the Art Clay category Fire Mountain. Her jewelry and articles on techniques and design can be found in over 65 regional and national publications including Handmade Magazine, who to watch 2016, The Best of American Jewelry Artist, The PMC Guild Annual 1, 2, 3 & 4 Setting Stones in Metal Clay, Metal Clay Beads, Metal Clay Today, Art Jewelry, Bead & Button and more. You can find more information about Holly's jewelry, awards and classes on her website at [HollyGage.com](http://HollyGage.com)



### Our Zen Master for the Retreat: Silvie Waals

Silvie owns a practice in sunny Sarasota, Florida in support of Being...To be one with ourselves and the universe. Her specialty is in the Aura-Soma color world and has been a practitioner since 2015. Silvie started Crystal Coaching in October 2017 in support of Crystals, Chakra Balancing and Reiki Healing Meditation, which work together in perfect harmony.

Silvie first engaged in these healing practices many years ago, and the circle was complete when she became certified and started offering her services to others.

As a side note Silvie's creativity is fulfilled by her beautiful Metal Clay jewelry, lapidary, and teaching, often melding her artistic skills with her healing practices.

### Chefs Christopher and Ryan Gage

The Gages are happy to team up again this year for another workshop-gourmet retreat style event. Christopher and Ryan will use the kitchen at the Villa to serve gourmet lunches and dinners, by combining their flare of cooking with the fresh, local ingredients available from the many farms surrounding the Lancaster County area. Every meal is prepared from scratch, from the Ciabatta Bread accented with Olive Oil, Garlic, and the aroma of Rosemary, to the Handmade Pasta and their Robust Sauces, to their Decadent Desserts. It remains their goal for all the students to have memorable meals they won't soon forget.

Christopher has been honing his craft professionally for 15 years, catering gourmet food at various events and retreats around the U.S. and Internationally. He is extremely proud of his son, and business partner, Ryan, and is thrilled to be living out a life-long dream.

Ryan is a graduate of Johnson & Wales University Culinary School, with a BS in Culinary Arts & Food Service Management. Ryan's detail to food preparation, and a strong interest in sustainable food practices and environment, fits perfectly into the mission of Garofalo's Calabria. Follow them to Italy at [GarofalosCalabria.com](http://GarofalosCalabria.com)



## Day to Day Itinerary

### Friday, April 20

- 9:00 am – 11:00 am Welcome Buffet Social - Chestnut Hill Villa  
Meet and greet all the friends you will make on the retreat.  
Enjoy a breakfast buffet, and some Mimosa.
- 10:45 am – 10:55 am 10 min. Meditation in the morning just before class daily. (Optional)
- 11:00 am – 6:00 pm Carving and Sculpting in Metal Clay
- 6:00 pm – 7:00 pm Dinner
- Evening 24 hour Open Studio (Evenings are on your own with no instruction) or Mind and Body Zen Services

### Saturday, April. 21

- 7:00 am – 9:00 am Continental breakfast
- 9:45 am – 9:55 am 10 min. Meditation in the morning just before class daily. (Optional)
- 10:00 am – 1:00 pm Carving and Sculpting in Metal Clay
- 1:00 pm – 2:00 pm Dinner
- 2:00 pm – 5:00 pm Carving and Sculpting in Metal Clay
- 6:00 pm – 7:00 pm Dinner
- 7:00 pm – 10:00 pm Wine Tasting
- Evening 24 hour Open Studio (Evenings are on your own with no instruction) or Mind and Body Zen Services

### Sunday, April. 22

- 7:00 am – 9:00 am Continental breakfast
- 9:45 am – 9:55 am 10 min. Meditation in the morning just before class daily. (Optional)
- 10:00 am – 1:00 pm Carving and Sculpting in Metal Clay
- 1:00 pm – 2:00 pm Lunch
- 2:00 pm – 5:00 pm Carving and Sculpting in Metal Clay
- 6:00 pm – 7:00 pm Dinner
- Evening 24 hour Open Studio (Evenings are on your own with no instruction) or Mind and Body Zen Services

### Monday, April. 23

- 7:00 am – 9:00 am Continental breakfast
- 9:45 am – 9:55 am 10 min. Meditation in the morning just before class daily. (Optional)
- 10:00 am – 1:00 pm Carving and Sculpting in Metal Clay
- 1:00 pm – 2:00 pm Lunch
- 2:00 pm – 5:00 pm Carving and Sculpting in Metal Clay
- 6:00 pm – 7:00 pm Dinner
- Evening 24 hour Open Studio (Evenings are on your own with no instruction) or Mind and Body Zen Services

### Tuesday, April 24

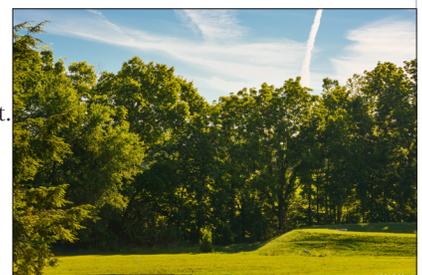
- 7:00 am – 9:00 am Continental breakfast
- 9:30 am Leave for Hershey's Chocolate World, Hershey, PA  
In the morning, collect your belongings as we will not return to the Villa, and depart on our own separate ways from Chocolate Town.  
We will caravan in separate vehicles or carpool as necessary.

## Policies, Dining, Weather, and Transportation:

### Registration Policy:

Retreat Package booked and paid in full by January 15, 2018 will receive a \$50 Early Bird discount. All other bookings require a 50% deposit, balance is due 60 days prior to your arrival date. Payment package available, please inquire.

Deposits can be made by secured pay pal account, wire, or express mail by check. In order to hold a reservation we must receive the deposit within ten days of the booking being made.



**Cancellation and refund policy:**

Due to the Villa's no-refund policy, all cancellations are subject to a 40% booking fee.

Reservations canceled prior to 90 days, 50% is refundable.

Less than 60 days, 25% is refundable.

Less than 45 days prior to workshop, accommodations and workshop fee is non-refundable.

For 100% refund, you may sell your seat to another student with all transfer of funds remaining between you and the participant.

Should the retreat be canceled the entire amount paid will be refunded within fourteen days (14) after the retreat's cancellation. Once this occurs, we have no obligations regarding any additional costs or fees related to the issuance and/or cancellation of airline tickets or other travel reservations. We accept no liability for any airline cancellation penalty incurred by the purchase of a non-refundable ticket. Nor do we accept liability for canceled flights.

**Studio:**

Students should wear comfortable clothes, an apron and closed toed shoes.

Please bring a dust mask.

Although, alcoholic beverages will be available on the retreat after studio hours, there will be no alcoholic beverages allowed in the studio for safety purposes.

**Dining:**

All special dietary needs and food related allergies should be reported upon booking.

**Special Accommodations:**

We'd like to make class as fulfilling and comfortable as possible. Please let us know if you have any special needs we need to consider so you can make the best of your trip.

**Chestnut Hill Villa House Rules**

- Smoking is only permitted outside in marked designated smoking areas. A \$500 fine collected by the Villa will be allocated to student if smoking occurs in the Villa or outside of the designated smoking area. Please help our lovely plants stay alive by not allowing nicotine near our plants because cigarettes extinguished in flowerbeds and pots can kill the plants.
- Under no circumstances is littering permitted on property.
- The Chestnut Hill Villa grounds include from the edge of the Comfort Suites parking lot up to but not including the roadside and driveway along the fence to the tree line. The driveway on the back of the Villa should not be used by guests. Please respect the private property signs on the neighboring farms. Please enjoy Chestnut Hill Villa Grounds from THIS side of the bridge.
- Candles on property must be in a container and the flame height below the top of the container.
- The pool and fitness center at the Comfort Hotel may be used by guests of the Villa for an additional \$5 per person, per day.

**Transportation:**

Flight arrivals will come into Harrisburg International Airport (MDT), which is 25 mins. from retreat location: [www.flyhia.com](http://www.flyhia.com). We suggest you look into car rentals or Uber since the area is rural. Arrangements can be made either in advance through the internet, or on location at the airport. As guests sign up for the retreat, we will direct you to an established Facebook page to get to know each other prior to the trip. This is a good time to organize ride or room shares. Please submit travel itineraries a week prior to arrival, so we can stay abreast.

**Travel Insurance.**

It is strongly recommended that all workshop participants purchase Trip Cancellation, Emergency Medical Evacuation, Baggage, Accident, and Medical insurance from a reputable insurance company.

**Weather for the local area:**

Average temperature range is from 55° F to 75° F. Dressing in layers is a safe bet, so you can always add or shed clothing as needed.

**Disclaimer:**

We want our Retreat guests to have the best time and most enjoyable learning experience possible, and we have put in the effort to make it a reality. However, life can present situations beyond our control, and therefore we can not be held responsible for the behavior of vendor staff, acts of nature, other students, and unforeseen situations. Additionally, while Holly Gage has fired hundreds of loads of work with precision and accuracy, we can not be held liable should a firing issue arise from electrical surges, project breakage during firing, or other undesirable results. We will try our best to avoid these situations, but would be remiss in not mentioning these possibilities.

The full payment or deposit for your reservation acknowledges that you have read these policies and agree to the terms. For more information or to make reservations, please contact Holly at [hgage1@ptd.net](mailto:hgage1@ptd.net)

## What to do in Manheim, Lancaster County and Hershey?

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Manheim and Lancaster County are known for its simpler way of life. Rolling farmlands, landscapes, and picturesque views surround the Villa including a working sheep farm. It is common to see horse and buggy travel by the local Amish and Mennonite community, which is rich in tradition. The Gage family will help you enjoy this Zen-like atmosphere through great food, and activities. Holly also intends on carrying it into the Metal Clay studio setting.

In addition to the workshops, strategically planned activities and an excursion will allow you to take advantage of the local flavor and that flavor is Rich Creamy Chocolate. Chocolate Town in Hershey, as they say here, "It is the sweetest place on earth." Explore the Hershey Museum, Chocolate World, ZooAmerican and more. Please see the extensive list of what to do in the area below"

### **Outlet Shopping:**

Rockvale Outlets Lancaster  
Tanger Outlets  
Wilton Armetale Factory Store

### **Antiques:**

There are hundreds of antique dealers 30 minutes away in Adamstown, known as "The Antiques Capital of the USA"  
Oley Valley Antiques  
Renningers Antiques - Sundays  
Morphy's Auction House  
Shupps Grove - Saturdays  
Stoudt's Brewing Company and Antiques

### **Great Shopping:**

Gem Garden  
Graystone Ridge Alpacas  
Kitchen Kettle Village  
Central Market - Fridays and Saturdays  
Gallery Row - Downtown Lancaster

### **Farm Markets:**

Green Dragon Flea Market - Friday Only  
Root's Country Market & Auction - Tuesday Only

### **Golf:**

Village Greens Miniature Golf  
The Caddy Shack  
Foxchase Golf Club

### **Museums:**

Lancaster Cultural History Museum  
Lancaster Quilt and Textile Museum  
Landis Valley Museum  
National Watch and Clock Museum  
Railroad Museum of Pennsylvania  
Mid Atlantic Air Museum

### **Theaters:**

Sight and Sound Theatre, Strasburg  
American Music Theatre, Lancaster  
Dutch Apple Dinner Theater, Lancaster  
Freedom Chapel Dinner Theatre, Lancaster  
The Underground Railroad, Living the Experience, Lancaster  
Fulton Opera House, Downtown Lancaster

### **Other Points of Interest:**

Pennsylvania Dutch Convention and Visitors Bureau  
Red Rose Segway Tours  
Aaron and Jessica Buggy/Sleigh Rides  
Pa Dutch Travel  
Maple Grove Raceway  
Pennsylvania Renaissance Faire & Winery  
Long's Park  
U. S. Hot Air Balloon Rides  
Local Covered Bridge Tour  
Manetas Park - a Family Fun Outdoor Park  
Kreider Farms

### **Hershey, PA**

ZooAmerica  
Hershey Garden  
Hershey Museum  
Hershey Park  
Tanger Outlets



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